

Happy Days Lava Cake for Sad Friends

Dry Ingredients

- 1/4 cup of all-purpose flour
- 2 Tbsp of unsweetened cocoa powder
- 2-3 Tbsp of your favorite sugar (adjust this to your sweet tooth's cravings!)
- 1/4 tsp of baking powder
- A generous pinch of salt (no more than 1/4 tsp)

Wet Ingredients

- 3 Tbsp of water
- 2 Tbsp of vegetable oil
- 2 Tbsp of heavy cream

Instructions

1. Plop all dry ingredients into a 20-ounce mug (preferably one that makes you happy to look at, all sizes and shapes are celebrated and welcome). Whisk until well combined.
2. In a separate bowl, combine all wet ingredients and mix until well combined. Add your wet mixture to your dry ingredients and mix well until everyone gets to know each other.
 - a. If you aren't feeling at your best and want to introduce some chaotic energy into your cake, toss all the wet ingredients into your dry ingredients.
 - b. Mix until you have an ooey-gooey glop of thick chocolate-y goodness. You can even taste it just to be sure it's seasoned just as you like it.
3. Pop your mug and mixture into Chef Mike and microwave for 1 minute.
4. Top off your cake with any other toppings that bring you joy (nuts, caramel drizzle, rock salt, dried fruit) and enjoy!