Happy Days Lava Cake for Sad Friends

Dry Ingredients

- 1/4 cup of all-purpose flour
- 2 Tbsp of unsweetened cocoa powder
- 2-3 Tbsp of your favorite sugar (adjust this to your sweet tooth’s cravings!)
- 1/4 tsp of baking powder
- A generous pinch of salt (no more than 1/4 tsp)

Wet Ingredients

- 3 Tbsp of water
- 2 Tbsp of vegetable oil
- 2 Tbsp of heavy cream

Instructions

1. Plop all dry ingredients into a 20-ounce mug (preferably one that makes you happy to look at, all sizes and shapes are celebrated and welcome). Whisk until well combined.
2. In a separate bowl, combine all wet ingredients and mix until well combined. Add your wet mixture to your dry ingredients and mix well until everyone gets to know each other.
   a. If you aren’t feeling at your best and want to introduce some chaotic energy into your cake, toss all the wet ingredients into your dry ingredients.
   b. Mix until you have an ooey-gooey glop of thick chocolate-y goodness. You can even taste it just to be sure it’s seasoned just as you like it.
3. Pop your mug and mixture into Chef Mike and microwave for 1 minute.
4. Top off your cake with any other toppings that bring you joy (nuts, caramel drizzle, rock salt, dried fruit) and enjoy!